

November Newsletter



AN "ORIGINAL" THANKSGIVING

What was the original Thanksgiving in 1621 like? You're thinking of sweet potatoes, turkey and stuffing, cranberry sauce, and pumpkin right? Nope!

Thanksgiving was a celebration for the New England colonists' first successful harvest in America. They were taught by the local Wampanoag (meaning People of the First Light) Native Americans how to plant and harvest local crops.

The event was attended by both the Wampanoag people and the colonists. There are only two historical documents that document firsthand knowledge of the celebration and the foods offered on the table.

They were Plymouth Governor William Bradford's on Plymouth Plantation and pilgrim chronicler Edward Winslow's journal.





What was on the menu then? There might have been turkey, but there's no historical evidence. What was documented is fowl such as ducks, geese, and swan. More importantly, what is New England famous for? Yes, seafood!

PICTURE FROM WWW.QUELCY.COM

"Our bay is full of lobsters all the summer and affordeth variety of other fish; in September we can take a hogshead of eels in a night with small labor, and can dig them out of their beds all the winter. We have mussels... at our doors. Oysters we have none near, but we can have them brought by the Indians when we will." - Winslow

Regardless, that doesn't mean turkey isn't delicious. Do you want to try something new this year? Consider a turducken. A tur... what? Turducken is a deboned chicken stuffed into a deboned duck and then further stuffed into a deboned turkey.



It's widely believed that this dish was created by a Louisianan chef in the 1970s or 1980s, but nobody knows for sure. However, animal-in-animal stuffing is an old cooking practice of the Romans. If you don't like turkey, try the English version called gooducken, a duck stuffed inside a goose.

PICTURE FROM MARKETS AT SCHREWSBURY

CHECK OUT THIS [TURDUCKEN RECIPE](#) TO LEARN MORE

So tell us. How do you celebrate Thanksgiving? What new foods do you bring to the table?





Many Thanksgiving traditions in the United States are foreign to Asians. Even Asian cultures observe Thanksgiving too, but it takes a different form and on a different day. Japan is the only Asia country that celebrates Thanksgiving in the same month. Japanese Thanksgiving is not a religious festival like American Thanksgiving, but a public national holiday that honors the hard work of employees; its official name is 'Labor Thanksgiving Day' Titled "Kinr Kansha no Hi" Began as an ancient Shinto rice harvest festival celebrated annually on November 23 (hence the name "Niiname-sai").

Over 2,000 years ago, a celebration called "Niiname-sai" established a

National Day of Appreciation for Workers in Japan, celebrating the beginning of rice farming. A Niiname-sai festival was initially celebrated in Japan to celebrate the fall harvest of rice, wheat, barley, and beans during the reign of Emperor Jimmu (660-585 BC).

Niiname-sai became associated with celebrating the year's labor when the reigning Emperor, Tenmu, hosted a special event in which he tasted the year's rice for the first time between 667 and 686 AD. The holiday was renamed Kinro Kansha no Hi (Labor Thanksgiving Day) in 1948 to reflect amendments to the Japanese Constitution, particularly those pertaining to workers' rights.

SPOTLIGHT EVENTS FOR NOVEMBER

- November 18th, 2022 - January 8th, 2023- Chinese Lantern Festival - North Carolina

For more details: [CLICK HERE](#)

- November 18th, 2022 - January 15th, 2023 - Asian Lantern Festival - Florida

For more details: [CLICK HERE](#)

- Nov 19 - Crazy Ripped Asians - Las Vegas, NV

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Our mailing address is: hello@sparklechange.io

